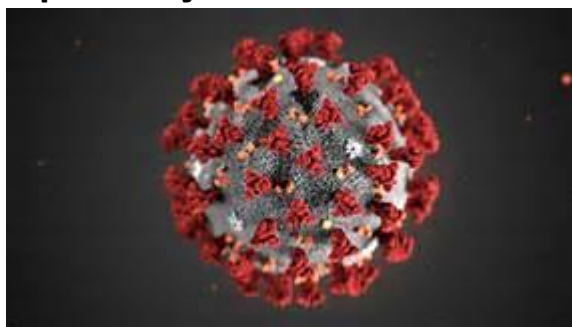Coronavirus Social Story

I have heard a lot about COVID-19 and it makes me feel nervous.

I need to think about this things I know about COVID-19. This should help me feel better.

I know COVID-19 is sometimes called Coronavirus. It is a type of virus, a group of tiny cells that can make people sick.

Covid-19 is not making children sick, but it is making older people sick.

Covid-19 gives you a fever, runny nose, a sore throat and a bad cough.

I can do some important things to help my friends and family keep safe.

I can wash my hands often, and for at least 20 seconds each time.

If I need to sneeze or cough, I should do this into my elbow, or a tissue.

I can try to stay a safe distance away from people. This is called social distancing.

COVID-19 makes people nervous, now that I know more about it, I feel much better.